

INFORMED CONSENT

for Oriental medicine with Jen Connell, MaOM, LAc

Welcome! As this is your first experience with me and perhaps, your introduction to Traditional Chinese Medicine (TCM), I would like to take this opportunity to disclose some important information to you.

As for my credentials, I have a Masters degree in Oriental medicine from the Minnesota College of Acupuncture and Oriental Medicine at Northwestern Health Sciences University in Bloomington. I am certified in acupuncture by the National Commission for the Certification of Acupuncture and Oriental Medicine and I am licensed since 1999 by the Minnesota Board of Medical Practice to use acupuncture, herbal medicines, dietary recommendations and other modalities that fall within the scope of practice of Oriental medicine. Additional experience includes a three year mentorship with a veteran practitioner of Oriental medicine and serving on the board of the Acupuncture and Oriental Medicine Association of Minnesota. Since 2002 I have also been providing clinical training for Oriental medicine students at Northwestern.

With regard to treatment, it is my goal to promote health by addressing imbalance at its root rather than to merely manage symptoms. Chinese medicine provides a gentle and effective way of healing, but requires your participation. What I ask from you is your cooperation with recommendations I might make regarding diet, lifestyle and treatment. This is important in order to facilitate wellness.

While Chinese medicine is helpful in treating a variety of health conditions, it is not a substitute for conventional medical care. I recommend that you consult with your primary care physician, especially if your disease is deemed serious.

As mandated by law, I would like to inform you of the possible side-effects of acupuncture treatment. These include: pain in the area of treatment, minor bruising, needle sickness (light-headedness, nausea, fainting,...), infection, and broken needles. You should also be aware that while Chinese herbal medicines are generally safe and effective when prescribed according to proper TCM diagnosis, there is much we do not know about their interactions with Western pharmaceuticals. Furthermore, it is possible that the effects of pharmaceuticals may interfere with the success of your TCM treatment.

Thank you for reading this carefully. Please feel free to ask any questions you may have regarding your treatment.

I have read and understood the above disclosure.

Patient signature

Witness